## LIST OF SYMPTOMS

## Please check off all that apply:

| Headaches                   | Crying often                | Fears of losing self-control  |
|-----------------------------|-----------------------------|-------------------------------|
| Dizziness                   | Unable to enjoy anything    | ☐ Unwanted thoughts           |
| Bowel trouble               | Restlessness                | ☐ Always worried              |
| Pain                        | ☐ Decreased need for sleep  | ☐ Concentration problems      |
| Tremors or tics             | Mood swings                 | ☐Hearing voices               |
| Drug/alcohol cravings       | Excess energy               | Seeing things others do not   |
| Eating problems             | Confusion                   | Strange experiences           |
| ☐ Binge eating              | ☐Elated/euphoric mood       | ☐Feel others are against you  |
| Sleep problems              | Excessive spending          | ☐ Constant suspicion/distrust |
| ☐ Weight loss               | ☐ Racing thoughts           | Unusual thoughts              |
| Weight gain                 | Irritability                | Violent behavior              |
| ☐ Loss of appetite          | Impulsive behavior          | ☐ Thoughts to harm others     |
| ☐ Feeling apart from others | Grandiose<br>thoughts/plans | Physical abuse                |